



Integrative Therapy of Greater Washington

5818 B Hubbard Drive

Rockville, Maryland 20852

(301) 468-4849

www.GreaterWashingtonTherapy.com

TESTING DAY GUIDELINES

1. Please give any medications as prescribed on the day of testing, unless otherwise instructed by the doctor.
2. Please make sure your child gets a good night's sleep the night before testing day (at least 8 hours of uninterrupted sleep.)
3. Eat a healthy breakfast prior to arriving.
4. Please either pack a snack or lunch for your child to eat here during a break.
5. Please provide a light jacket or sweater for the comfort of your child.
6. If your child is sick, including cough, congestion, runny nose, allergy symptoms, headache, vomiting, or feverish, **PLEASE** reschedule testing. Your child will not perform well under these circumstances and the results will reflect such.
7. If you have not received your questionnaires prior to testing, please make sure you ask for them. They must be completed and returned to us prior to your feedback session.
8. At the time of testing, please make an appointment for your feedback session. This is usually two to three weeks following the completion of testing. If questionnaires are not returned to us by your feedback appointment date, we will call to reschedule when they are received.

9. If you plan to drop off your child and leave the premises on the day of testing, please discuss this with the doctor and/or staff. You will need to leave your cell phone and be within 30 minutes of the office to pick up your child once called.

Thank you for your cooperation and assistance in optimizing your child's performance.